

Robert Higgins LMFT, CH
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Current Position:

Present: Founder and director of the Cuenca Holistic Health Network
(www.CuencaHolisticHealth.com).

December 2000 – Present: Mental Health Counselor offering outpatient counseling for clients with substance addictions, cancer, relationship counseling and individual therapy.

Educational Background:

1993-Present Workshops and formal training in alternative medicine, addiction recovery, and nutrition

2004 Certification Training in Clinical and Medical Hypnosis
National Guild of Hypnotists (NGH)

1998-2000 Antioch New England Graduate School
MA in Marriage and Family Therapy

1994-1996 Keene State College (Working towards Masters in Nutrition)

1972-1976 University of Delaware – earned BA

Career Background:

Present: Founder and director of The Cuenca Holistic Health Network and the Cuenca Guide to Holistic Health (www.CuencaHolisticHealth.com). Working towards the creation of a Holistic Health Center in Cuenca that will launch in late 2016. The Cuenca Holistic Health Network produces educational workshops, The annual Holistic Health Expo, The Cuenca Cancer Support Group and supports local holistic health practitioners.

January 2005-Present: Private practice mental health therapist, Work with Delta T to do assessments on GI's returning from Iraq doing PTSD and substance abuse evaluations.

July 2002-December 2004 Child and Family Services, Claremont, NH – Program Supervisor. Responsibilities included creation and maintenance of network services with social services, area schools, Claremont District Court, and other collaborating partners. Staff hiring, ongoing staff training and staff supervision.

May 1999-July 2002 Child and Family Services, West Lebanon, NH
Case Manager-Therapist

Workshops and educational seminars on cancer and alternative medicine:

Because of his expertise Robert was invited to lecture at Dartmouth Medical School, Grand Rounds at Hitchcock Medical Center, and Stow Weekend of Hope for cancer Patients and their caregivers. He was a featured speaker at the New England Holistic Nursing Assoc. Conference and was asked to address Mental Health PhD candidates at

Antioch University. Robert is the author of dozens of articles on Holistic Health and Alternative Cancer Treatment. Working with Delta T and Military One Source, Robert was regularly hired to do drug abuse and PTSD assessments on GI's returning from Iraq.